



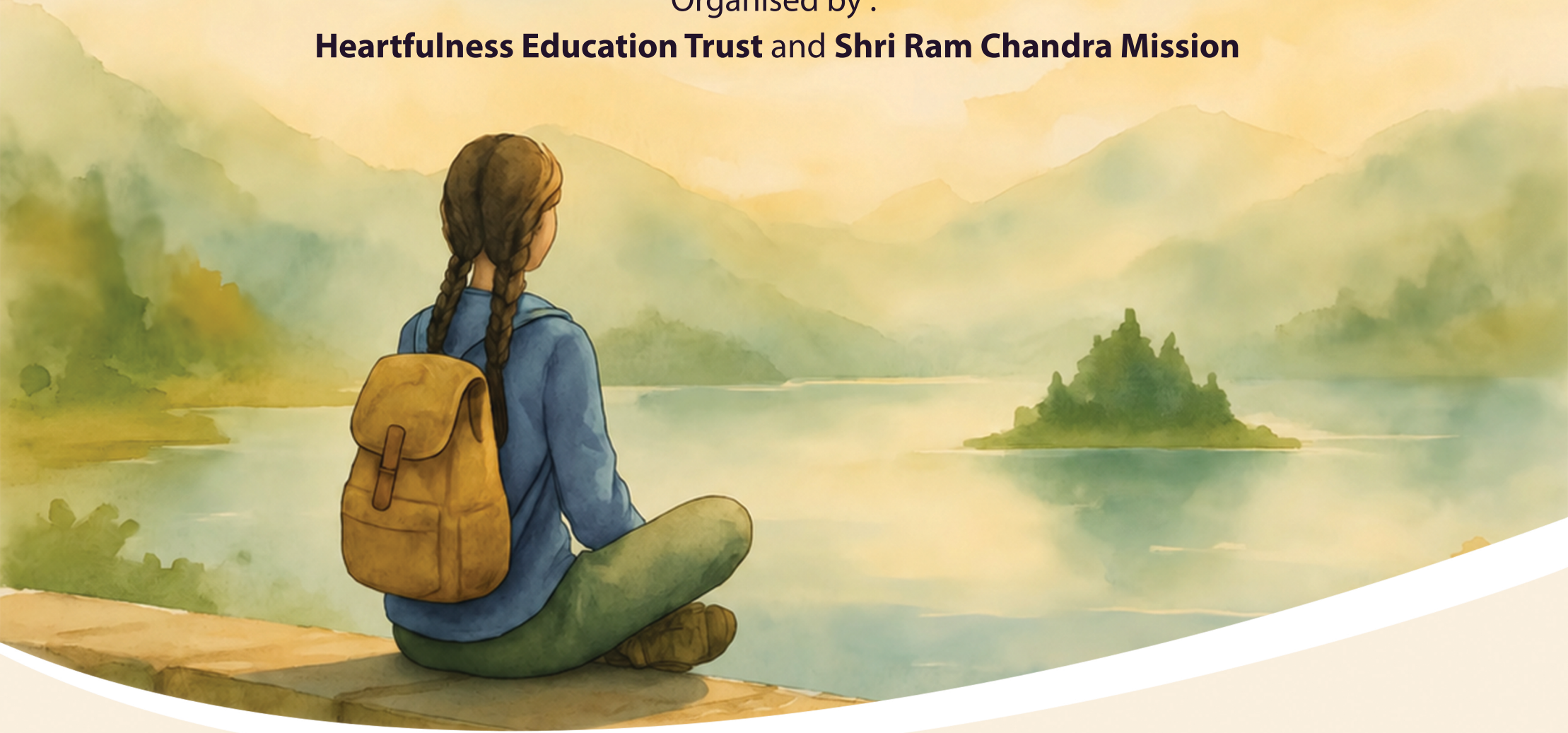
heartfulness
purity weaves destiny

From Wonder,
Wisdom
Heartfulness
Education Trust

HEARTFULNESS ESSAY EVENT 2026

Organised by :

Heartfulness Education Trust and Shri Ram Chandra Mission



TOPICS:

Category 1 (14-18 years) 500 words

No one can hurt me without my permission.

मेरी अनुमति के बिना कोई भी मुझे आहत नहीं कर सकता।

Category 2 (19-25 years) 750 words

Acceptance is a sign of evolution.

स्वीकार्यता विकास का प्रतीक है।



For detailed guidelines please visit: hfn.link/essayevent

For any clarifications please write to us at: essayevent@heartfulness.org

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